# Children, Youth & Family Services

#### A B Coalition for Healthy Youth

Coalition of agencies that serve adolescents at risk (978) 844-6124

abchyworks@gmail.com

## Big Brothers, Big Sisters of Central Massachusetts

Mentoring programs for disadvantaged youth (508) 752-7868

www.bbbscm.org

## **Community Alliance for Youth**

Resource information and support for parents of adolescents

www.cafy.net

#### **Early Childhood Council**

Scholarships for quality preschool childcare for low-income families

(978) 263-1827

bsweet@itcacton.org

## Danny's Place

Youth center for 6<sup>th</sup>-12<sup>th</sup> graders; numerous programs in a safe environment (978) 264-9754

www.dannys-place.org

#### **First Connections**

Family support for families with children from birth through age 5. (978) 287-0221

www.firstconnections.org

#### **Latino Family Network**

Outreach and educational support to Latino families (978) 590-2912, Zoila Ricciardi www.familiaslatinas.org

### **Minuteman ARC for Human Services**

Therapeutic and vocational services for children and adults with developmental disabilities (978) 287-7900

www.minutemanarc.org

#### Seniors

#### **Boxborough Council on Aging**

Laura Arsenault, COA Coordinator (978) 263-1116 x 106 laura.arsenault@town.boxborough.ma.us

#### **Minuteman Senior Services**

Health care, meals on wheels, counseling, support for home-bound seniors and caregivers (888) 222-6171 or (978) 263-8720 www.minutemanseniorservices.org

#### **Cooperative Elder Services**

Day program for frail elderly (978) 318-0046 www.elderdayservices.com

## Alzheimer's Association, Massachusetts Chapter

Information and support (800) 272-3900 or (617) 868-6718 www.alzmass.org

## Alzheimer's Disease Support Group

Support for caretakers
Inn at Robbins Brook (Acton)
(978) 268-0131
LifeCare Center of Nashoba Valley (Littleton)
(978) 486-3512

# **Legal Aid**

# **Merrimack Valley-North Shore Legal Services**

Free legal advice for low-income and elderly (978) 458-1465



Updated December 15, 2011

# Town of Boxborough Local Human Services Directory



All services listed are available to Boxborough residents. Notations are included where a referral from a social service worker or clergy is required.

# **Hunger and Housing**

#### A Friend in Need

One time emergency financial assistance
35 School Street, Acton, MA 01720
For referral contact:
United Church of Christ, Boxborough
(978) 263-7387
Acton Congregational Church
(978) 263-2728
Referral from social service worker or clergy required

## **Acton Community Supper/Acton Food Pantry**

Groceries for families and clothing closet (978) 635-9295

www.actoncommunitysupper.org

Building #1, Boxborough Office Park 235 Summer Road, Boxborough Wednesdays, 10:00 a.m. – 7:00 p.m. (closed on 4<sup>th</sup> Wednesday of each month.)

# **Hunger and Housing (cont.)**

#### **Concord Open Table**

Hot Meal Program and bagged groceries (978) 369-2275 (voicemail) First Parish Church 20 Lexington Road, Concord Dinner: Thursdays, 5:30 to 6:30 p.m.

Groceries: Thursdays, 5:00 to 6:30 p.m. opentableconcord@yahoo.com

## **Littleton Neighborhood Supper**

Hot Meal Program
Congregational Church
330 King Street, Littleton
Tuesdays, 5:30 to 6:30 p.m.

#### **Maynard Open Table**

Hot Meal Program and bagged groceries (978) 823-0082 (voicemail)
Clock Tower Place, Maynard
Dinner: Mondays, 5:30 to 6:30 p.m.
Groceries: Mondays, 5:00 to 6:30 p.m.
opentablemaynard@yahoo.com

## **Stow Food Pantry**

Bagged groceries Open twice a month – call for appointment Referral from social service worker or clergy required (978) 897-4230

#### **Acton Housing Authority**

Housing assistance for low income, senior and disabled residents (978) 263-5339 office@ActonHousing.net

#### **Household Goods Recycling of Massachusetts**

Furniture, bedding, and household items for families in need. (978) 635-1710 530 Main Street, Acton

www.hgrm.org

#### Supplemental Nutrition Assistance Program (SNAP)

1-800-645-8333

www.gettingfoodstamps.org

## Fuel Assistance

#### **Boxborough Council on Aging**

Laura Arsenault, COA Coordinator (978) 263-1116 x106 laura.arsenault@town.boxborough.ma.us

## **Domestic Violence**

### **Domestic Violence Services Network**

Programs to provide direct support to and advocacy for victims of domestic violence and to prevent violence against women (978) 318-3421 (888) 399-6111 to speak to an advocate www.dvsn.org

#### **MetroWest Legal Services**

Free legal aid for low-income people 1-800- 696-1501 (508) 620-1830 www.mwlegal.org

## Health

#### **Nashoba Board of Health**

Public Health Nurse (978) 772-3335 x340

#### **Nashoba Nursing Services**

Home health care, nutrition services and hospice care (978) 425-6675 www.nashoba.org

#### **Eliot Community Human Services**

Mental health counseling for adults, children and families (978) 369-1113
Psychiatric emergency services
1-800-540-5806 or 1-800-988-1111
www.eliotchs.org

#### NAMI (National Alliance on Mental Illness)

Support groups for families and friends of mentally ill (781) 938-4048 or (800) 370-9085 www.nami.org

#### **Alcoholics Anonymous**

Local support program for those addicted to alcohol www.aa.org

# Health (cont.)

#### Al-Anon

Support group for those whose lives have been affected by another person's drinking
Acton Congregational Church
12 Concord Road, Acton
Wednesdays, 10 – 11:30 a.m.

## **Restoration Project**

Vocational rehabilitation for adults with mental illness, head injuries and at-risk adolescents (978) 263-0416 info@restorationproject.org

# Hospitals

#### **Emerson Hospital**

133 Old Road To Nine Acre Corner, Concord (978) 369-1400 – Main Number

### **Nashoba Valley Medical Center**

200 Groton Road, Ayer (978) 784-9000 – Main Number

## Marlborough Hospital/ U. Mass Memorial

157 Union St., Marlborough (508) 481-5000 – Main Number

# **Language Instruction**

#### **Acton-Boxborough Community Education**

Classes for non-English speaking students & adults (978) 263-6538 www.dialesl.com

#### **English at Large**

One-on-one tutoring for non-English speaking adults (781) 395-2374 learn@englishatlarge.org

# Maynard Adult Learning Center

Classes for non-English speaking adults (978) 897-4203 Maynard (978) 567-6250 x 0137 Hudson